



# The Truth about Later Life

**Are you struggling to deal with questions about later life?**

- How can you make sure power of attorney works well for you?
- How can you make the most of the NHS?
- What are the pros and cons of retirement housing?
- What state benefits can you get?
- What are the repercussions of being given a dementia diagnosis?

**Come and meet author Marion Shoard who will offer tips on these and other matters and answer your questions**

**Thursday 21 March, 2:30pm  
Gravesend Library**

Tickets £1 including light refreshments  
Booking essential as space is limited

Marion Shoard is the author of **How To Handle Later Life**, which covers healthcare, transport, relationships, end-of-life, help in the home, inheritance, employment rights, exercise needs, hospitals and social care

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